# INJURIES IN GREY BRUCE: SPORTS AND RECREATION



On average, injuries sustained during sports and other recreational activities\* cause 1,063 emergency department visits, and 27 hospitalizations per year in Grey Bruce.

\* does not include cycling

## GREY BRUCE ED VISIT RATE HIGHER THAN ONTARIO RATE

The local rate of emergency department (ED) visits for sports and recreation injuries is 71% higher than the Ontario rate, while the local hospitalization rate is comparable to the provincial rate.



#### EMERGENCY DEPARTMENT VISITS



Rate 71% higher in Grey Bruce

### YOUNG MALES AT GREATEST RISK

Male Grey Bruce residents aged 24 and younger are at greatest risk of being injured while engaging in sports and recreational activities.

### RECENT DECLINE IN INJURIES LOCALLY

After increasing steadily for about ten years, rates of ED visits and hospitalizations for sports and recreation injuries decreased by 9% between 2011-13 and 2014-16.





